

Lincoln Hills Walkers
Sign In / Release Form
(Rev 1 6/30/2024)

Walking is an activity which entails unavoidable risks/dangers/accidents that every walker assumes and must be aware of and respect. A walker can minimize risks on the trail by being knowledgeable, prepared, and alert. Each walker takes full responsibility for his or her own safety. Nevertheless, walk leaders as well as Lincoln Hills Hiking & Walking Group officers have the responsibility and authority to make decisions that an individual walker or the group is REQUIRED to follow when it affects the safety of that individual and/or the entire group.

The undersigned hereby voluntarily assumes all risks of personal injury and/or property damage which may occur to him or her in connection with or in manner related to participation in walking or other activities of the Lincoln Hills Hiking & Walking Group, and hereby agrees to release, indemnify, and hold harmless all leaders and members of said Group from any and all claims, damages, causes of action or actions which may accrue to the undersigned by reason of such personal injury or property damage.

Walk Date	Walk Location	Walk Leader

Name	First Walk? Please Provide Email For Group Communications (It will not be shared with other group members)
1)	
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