

SCLH Hikers and Walkers Group

HIKING GETAWAY – OVERVIEW

Multi-day getaways offer an opportunity to hike on beautiful trails in locations beyond the range of a day trip. Offered once or twice a year, these highly popular trips fill up quickly. A getaway trip leader chooses the location and coordinates the event, often with the help of a committee.

Who Can Attend

Only members of the Lincoln Hills Hikers and Walkers Group and their partners may participate with approximately 24 participants based on accommodations and hike leader availability. Non-member friends can be included *only* if there is space available after all members have been accommodated. Signup priority will be given to active hike leaders and other club volunteers before opening to all members on a first-come, first-served basis.

Accommodations and Meals

Venues often require deposits well in advance and may need to be fully prepaid before the event – sometimes nonrefundable. The getaway can be all-inclusive or involve dining out.

Hikes

Depending on the number of hike leaders, options of moderate or strenuous trails will be offered. An easier hike may be included. Non-hiking partners are encouraged to help where needed. For example, they could assist with non-hiking activities or act as a driver.

Hiker Fitness

- Safety of the individual hiker and group is paramount with participants expected to be in good hiking shape and able to keep up on trails rated as moderate to moderately strenuous.
- To prepare for hiking multiple days, participants should regularly attend hikes rated as moderate to moderately strenuous.
- Participants should maintain regular fitness activities and to consider joining the fast-paced walks on Wednesdays.

Carol Yoder

7/17/2025